



# Dallas Center-Grimes Community School District Lunch Menu





**August  
2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>WELCOME BACK!</b>				
9	10	11	12	13
 <b><i>We look forward to seeing you in the Cafe!</i></b>				
16	17	18	19	20
	Chicken Tenders Baked Potato Halves Fresh Broccoli Slice of Wheat Bread Grapes  Alternative Entrée Turkey Ranch Wrap	 Homemade Cheese Pizza String Green Beans Garden Salad Kiwi Sherbet Cup  Alternative Entrée Cobb Salad	 Barbeque Chicken Legs Creamy Potato Salad Harvest Corn Multi-Grain Dinner Roll Watermelon  Alternative Entrée Chef Salad	Spaghetti with Meat Sauce Popeye Salad Garlic Toast Mandarin Oranges Fresh Strawberries  Alternative Entrée Yogurt Pak
23	24	25	26	27
Hot Dog Baked Beans Kettle Chips Celery with Dip Fresh Peaches  Alternative Entrée Ham & Cheese Sandwich	 Carne Italiano Stromboli Seasoned Beets Caesar Salad Fresh Pineapple Chocolate Chip Cookie  Alternative Entrée Buffalo Chicken Wrap	Chicken Nuggets Mashed Potatoes Broccoli Wheat Dinner Roll Blueberries  Alternative Entrée Taco Salad	Hamburger with Cheese Oven Fries Cucumber Ranch Salad Cantaloupe Cherry Crisp  Alternative Entrée Turkey Ranch Wrap	Popcorn Chicken Brown Rice with Gravy Mixed Vegetables Slice of Wheat Bread Honeydew Melons  Alternative Entrée Cobb Salad
30	31	 <p>We are proud to offer local whenever harvesting allows. Watch for your local produce logo on our menus.</p> 		 <p>Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit &amp; Vegetable Bar.</p>
 Pizza Parlor Pizza California Vegetables Italian Tossed Salad Fresh Pineapple  Alternative Entrée Chicken Salad on Wheat Bun	<b>NAT'L TRAIL MIX DAY</b> Chicken Divan Whole Grain Pasta Honey Glazed Carrots Slice of Wheat Bread Fresh Peaches Trail Mix  Alternative Entrée Deli Turkey Sub			

 Prepared From Scratch

 Contains Pork

 Vegetarian Entrée

 Harvest of the Month



**BREAKFAST MENU**

Monday      Breakfast Pizza  
 Tuesday     Cinnamon Roll  
 Wednesday   Breakfast Taco  
 Thursday     Egg & English Muffin  
 Friday        French Toast Sticks

All meals served with Milk & Juice  
 Cereal and Toast offered Daily



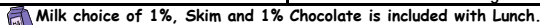
National Trail Mix Day features a high energy, tasty treat for the trail or snacks. You can make up your own using the ingredients you like best. Combine cereal, nuts, pretzels, and dried fruit into a large bowl and then divide into small reusable containers (think green). Avoid messy items that leave your hands sticky. Also avoid too many salty items. For example, unsalted nuts are better than salted ones. Take the Trail Mix along with you when hiking or biking. It provides the extra energy boost to keep you from tiring along the way.

**BREAKFAST/LUNCH PRICES**

Elementary      \$1.20/\$2.00  
 Secondary       \$1.20/\$2.15  
 Reduced         \$0.30/\$0.40  
 Additional Milk      \$0.40  
 Adult             \$1.20/\$2.45

To check the balance in your account or for additional information, contact:  
 Donna Sevenich, FSD  
 515-986-9474 x148  
[dsevenich@dc-grimes.k12.tx.us](mailto:dsevenich@dc-grimes.k12.tx.us)

Menus are subject to change without notice.



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Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.