



# Dallas Center-Grimes Community School District Lunch Menu



**February  
2012**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>FEBRUARY</b> <b>HARVEST OF THE MONTH</b> <b>Mango</b>  <b>Bok Choy</b> <b>Lima Beans</b>	<b>1</b> <b>Early Release</b> French Toast Sausage Breakfast Potatoes Sweet Potato Apple Bake Strawberries <b>BLACK HISTORY MONTH</b> <b>Alternative Entrée</b> Crispy Chicken Salad	<b>2</b> <b>GROUND HOG DAY</b> Cheese Bread with Marinara Sauce Broccoli Tossed Salad Peaches <b>Alternative Entrée</b> Italian Sub	<b>3</b> Tater Tot Casserole Mixed Vegetables Wheat Dinner Roll Popeye Salad Gala Apple <b>Alternative Entrée</b> Yogurt Pack
<b>6</b> Cheeseburger Crinkle Cut Fries Baked Beans Lettuce and Tomatoes Grapes <b>Alternative Entrée</b> Chef Salad	<b>7</b> Chicken and Penne Pasta California Vegetables Whole Grain Bread Stick Italian Tossed Salad Kiwi <b>Alternative Entrée</b> Italian Sub	<b>8</b> Salisbury Steak Cheesy Broccoli Pot Mash Popeye Salad Whole Wheat Dinner Roll Fresh Pear <b>Alternative Entrée</b> Turkey Ranch Wrap	<b>9</b> Oven Roasted Chicken Brown & Wild Rice Pilaf Glazed Carrots Whole Wheat Dinner Roll Apple <b>Alternative Entrée</b> Tuna Salad on Wheat Bun	<b>10</b> Pizza Parlor Pizza Seasoned Green Beans Caesar Salad Mango Fresh Pineapple <b>Alternative Entrée</b> Garden Vegetable Salad
<b>13</b> Hot Dog Macaroni and Cheese 3 Bean Salad Broccoli Apple <b>Alternative Entrée</b> Chicken Salad on Wheat Bun	<b>14</b> <b>VALENTINE'S DAY</b> Crisпитos with Cheese Red Beans and Brown Rice Garden Salad Corn Bread Orange Wedges <b>Alternative Entrée</b> Chef Salad	<b>15</b> Chicken Nuggets Mashed Potatoes Lima Beans Whole Wheat Biscuit Grapes <b>Alternative Entrée</b> Turkey Ranch Wrap	<b>16</b> BBQ Rib Sandwich Seasoned Corn Baby Carrots Petite Banana Birthday Cake <b>Alternative Entrée</b> Slider Combo	<b>17</b> <b>No School</b> <b>Breakfast Menu</b> <b>Monday</b> Breakfast Pizza <b>Tuesday</b> Cinnamon Roll <b>Wednesday</b> Breakfast Taco <b>Thursday</b> Egg Sandwich <b>Friday</b> Donut All meals served with Milk & Juice Cereal and Toast offered Daily Hot Oatmeal offered Daily
<b>20</b> <b>PRESIDENTS DAY</b> Orange Chicken Lo Mein Noodles Oriental Vegetable Blend Bok Choy Applesauce Cherry Crisp <b>Alternative Entrée</b> Ham and Cheese Sub	<b>21</b> <b>FAT TUESDAY/MARDI GRAS</b> Spaghetti with Meat Sauce Roasted Italian Vegetables Garlic Stick Broccoli Fresh Pineapple <b>Alternative Entrée</b> Crispy Chicken Salad	<b>22</b> <b>ASH WEDNESDAY</b> Tony's Cheese Pizza Mixed Vegetables Slice of Wheat Bread Cucumber Ranch Salad Fresh Pear <b>Alternative Entrée</b> Taco Salad	<b>23</b> Sloppy Joes Tater Tots Baked Beans Celery Sticks Apple <b>Alternative Entrée</b> Southwestern Chicken Salad	<b>24</b> Oven Baked Fish Buttered Noodles Peas and Carrots Whole Wheat Dinner Roll Colelaw Kiwi <b>Alternative Entrée</b> Yogurt Pak
<b>27</b> Chicken Marinara Sandwich on Whole Wheat Bun Parmesan Pasta Seasoned Broccoli Grapes <b>Alternative Entrée</b> Turkey BLT Salad	<b>28</b> French Toast Sticks Sausage Breakfast Potatoes Blueberries Strawberries <b>Alternative Entrée</b> Oriental Chicken Salad	<b>29</b> <b>Early Release</b> Beefy Nachos Homemade Cheese Sauce Black Beans and Rice Corn bread Cinnamon Apples <b>LEAP DAY</b> <b>Alternative Entrée</b> Turkey Sub	 <b>FRUIT &amp; VEGETABLE BAR</b> Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.	<b>Free &amp; Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</b>

Menus are subject to change without notice.

- Prepared From Scratch
- Contains Pork
- Whole Grain Item
- USDA Food
- Farm to School Item
- Harvest of the Month

**NEW**

**February 3 - Taste Test**  
Ham and Broccoli Tater Casserole

**February 14 - Taste Test**  
Fiesta Mexican Bake  
Red Beans and Rice Casserole

**February 20**  
Orange Chicken  
Lo Mein Noodles

**February 21 - Taste Test**  
Hamburger Pasta

**Soybeans are an important ingredient for the production of crayons. In fact, one acre of soybeans can produce 82,368 crayons.**

**Elevators in the Statue of Liberty use a soybean-based hydraulic fluid.**

**BREAKFAST/LUNCH PRICES**

Elementary	\$1.30/\$2.10
Secondary	\$1.30/\$2.25
Reduced	\$0.30/\$0.40
Additional Milk	\$0.40
Adult	\$2.55
Extra Entrée	\$1.50

To check the balance in your account or for additional information, contact:  
 Donna M. Sevenich  
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Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch